



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
**DEPARTMENT OF YOUTH REHABILITATION SERVICES**

**DC Council Subcommittee on Libraries & Youth Affairs  
Public Oversight Roundtable**

***Department of Youth Rehabilitation Services (DYRS)  
Performance, Processes, and Continuum of Services***

**November 18, 2024**



# DEPARTMENT OF YOUTH REHABILITATION SERVICES

## MISSION

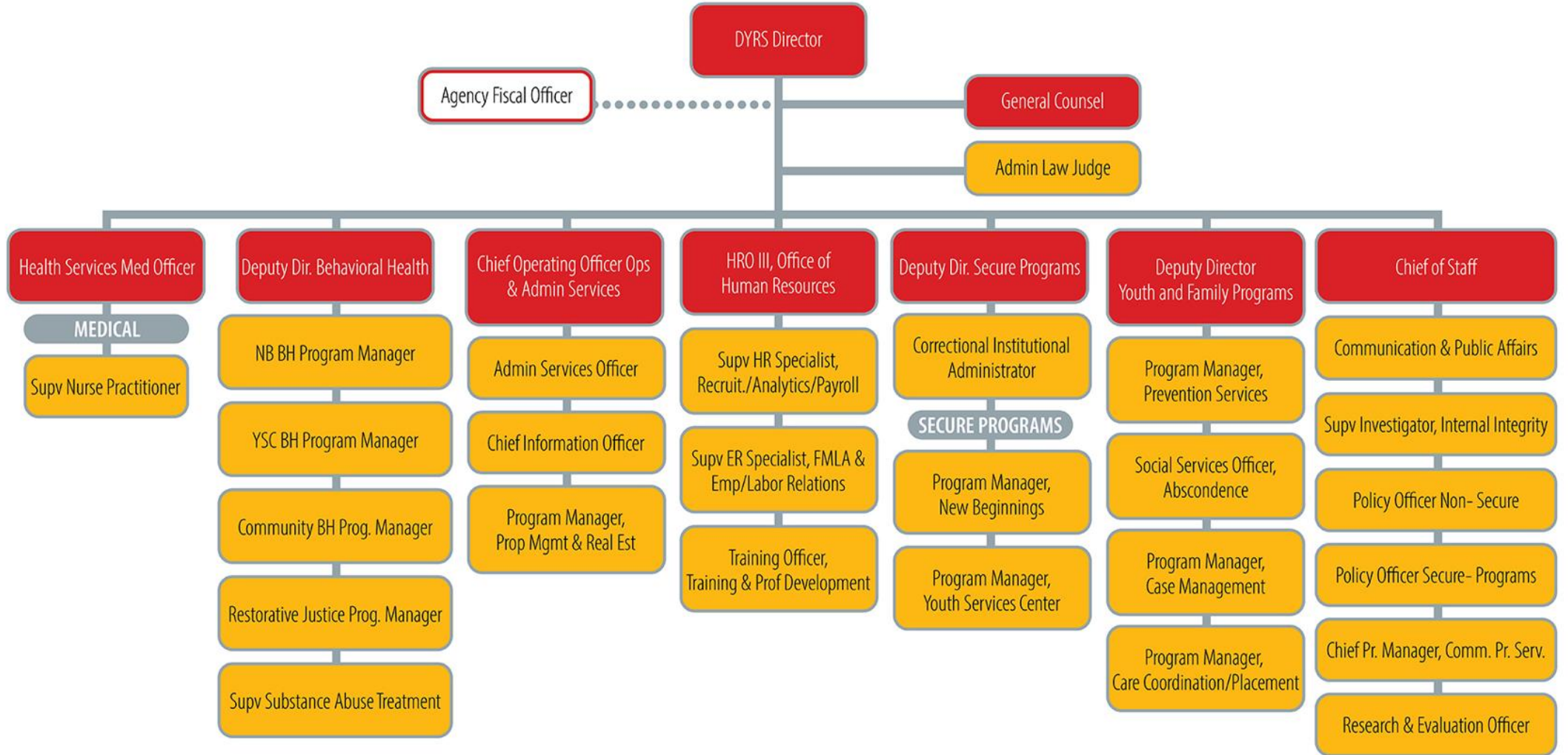
The mission of the Department of Youth Rehabilitation Services is to give court-involved youth the opportunity to become more productive citizens by building on the strengths of youths and their families in the least restrictive, most homelike environment consistent with public safety.

## VISION

The vision of the Department of Youth Rehabilitation Services is to provide the nation's best continuum of care for court-involved youth and their families through a wide range of programs that emphasize individual strengths, personal accountability, public safety, skill development, family involvement and community support.



# ORGANIZATIONAL STRUCTURE





# STAFFING: AGENCYWIDE

DYRS employs a variety of staff across several departments and functions that includes direct care staff, community program staff, executive staff and administrative staff who all work together to serve and support DYRS youth.

| Date        | Agencywide FTE's | Agencywide Vacancies |
|-------------|------------------|----------------------|
| End of FY24 | 546              | 30.5                 |
| Current     | 565              | 46.5                 |



# STAFFING: SECURE PROGRAMS (YSC)

YSC is staffed by direct care staff including Juvenile Justice Institutional Counselors (JJIC), Youth Development Representatives (YDR) and Supervisory Youth Development Representatives (SYDR).

| Date        | SYDR Total FTEs | YDR Total FTEs | SYDR Vacancies | YDR Vacancies |
|-------------|-----------------|----------------|----------------|---------------|
| End of FY24 | 15              | 140            | 0              | 3             |
| Current     | 15              | 151            | 2              | 3             |

| Date        | JJIC Total FTEs | JJIC Vacancies |
|-------------|-----------------|----------------|
| End of FY24 | 3               | 0              |
| Current     | 3               | 1              |



# STAFFING: SECURE PROGRAMS (NBYDC)

NBYDC is staffed by direct care staff including Juvenile Justice Institutional Counselors (JJIC), Youth Treatment Managers (YTM), Youth Development Representatives (YDR), and Supervisory Youth Development Representatives (SYDR).

| Date        | SYDR Total FTEs | YDR Total FTEs | SYDR Vacancies | YDR Vacancies |
|-------------|-----------------|----------------|----------------|---------------|
| End of FY24 | 14              | 92.5           | 0              | 3.5           |
| Current     | 14              | 102.5          | 0              | 12            |

| Date        | JJIC Total FTEs | YTM Total FTEs | JJIC Vacancies | YTM Vacancies |
|-------------|-----------------|----------------|----------------|---------------|
| End of FY24 | 3               | 2              | 0              | 0             |
| Current     | 3               | 2              | 1              | 0             |



# STAFFING: YOUTH AND FAMILY PROGRAMS (YFP)

Youth and Family Programs (YFP) includes direct care staff within the following units: 1) GPS Monitoring and Rapid Response Unit; 2) Pre-Commitment Unit; 3) Care Coordination; 4) Oasis Violence Prevention Initiative.

| Date        | YFP Total FTEs | YFP Vacancies |
|-------------|----------------|---------------|
| End of FY24 | 40             | 4             |
| Current     | 40             | 4             |



# STAFFING: BEHAVIORAL HEALTH

Behavioral Health staff include mental health specialists, a substance abuse coordinator, a behavioral health program manager, a restorative justice coordinator and restorative justice specialists that serve the mental and behavioral health needs of youth at YSC, NBYDC and in the community.

| Date        | Behavioral Health Total FTEs | Behavioral Health Vacancies |
|-------------|------------------------------|-----------------------------|
| End of FY24 | 24                           | 1                           |
| Current     | 24                           | 1                           |





# STAFFING: HEALTH SERVICES

Health Services staff includes a medical director, nursing staff, and dental staff who serve the medical needs of youth at YSC and NBYDC.

| Date        | Health Services Total FTEs | Health Services Vacancies |
|-------------|----------------------------|---------------------------|
| End of FY24 | 25                         | 5                         |
| Current     | 25                         | 4                         |



# DYRS POPULATION: YOUTH SERVICES CENTER (YSC)

District of Columbia  
YOUTH SERVICES  
CENTER 1000



# YSC YOUTH SERVICES AND SUPPORTS

**All youth at YSC have access to assessment, stabilization, and supportive services and interventions. Youth who are committed and awaiting placement receive the highest frequency of group interventions in preparation for their transitions to designated placements. The focus of services and supports for pre-adjudicated youth is stabilization and connection to community services for continuity of care.**

## **Behavioral and Mental Health Services at YSC**

- Mental health & substance abuse screening and assessment
- Medication assessment & management
- Individual brief supportive counseling
- Psychoeducational groups (topics vary based on unit/youths' needs)
- Crisis intervention
- Milieu engagement
- Restorative justice services & interventions
- Individual substance abuse counseling
- Substance use psychoeducational groups
- Animal assisted therapy & support
- Linkage & referral to community services and supports



# YSC YOUTH SERVICES AND SUPPORTS

All youth at YSC have access to a range of non-behavioral and mental health programs and services that include education, career readiness, health services, and recreational activities.

## Non-Behavioral and Mental Health Services at YSC

- **Medical Services:** Comprehensive medical assessments and ongoing healthcare support to address physical health needs, including routine check-ups, vaccinations, and emergency care.
- **Dental Services:** Preventative dental care, routine cleanings, and treatments for dental issues to ensure youth maintain good oral hygiene and health.
- **Wellness and Mindfulness Programs:** Programs including yoga, mindfulness workshops, and guided relaxation sessions to encourage self-regulation, reduce stress, and support mental well-being.
- **Spiritual and Religious Services:** Optional access to religious services and spiritual counseling to support individual beliefs and provide comfort, hope, and moral guidance.



# YSC YOUTH SERVICES AND SUPPORTS

All youth at YSC have access to a range of non-behavioral and mental health programs and services, including education, career readiness, health services, and recreational activities.

## Non-Behavioral and Mental Health Services at YSC

- **Educational Services:** Accredited education from the See Forever Foundation's Maya Angelou Academy that offers a full academic curriculum, allowing youth to continue their education and earn credits toward high school completion or GED preparation.
- **Life Skills and Career Readiness Programs:** Workshops and skill-building sessions focused on life skills, including financial literacy, communication, time management, and job readiness training.
- **Family Engagement Services:** Programs that facilitate positive family involvement through scheduled family meetings, counseling sessions, and family support programs to strengthen family bonds and improve communication.
- **Physical Education and Recreation:** Daily structured physical activities, including organized sports, fitness classes, and recreational games to promote physical health, teamwork, and positive social interaction.



# YSC YOUTH SERVICES AND SUPPORTS

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## Non-Behavioral and Mental Health Services at YSC

- **Credible Messenger Initiative:** Community-based mentors with similar life experiences provide guidance, support, and positive role modeling, offering insight and encouragement for youth.
- **Case Management:** JJICs are a part of a youth's core support team and keep care coordination updated on a youth's progress while at YSC.
- **Public Defender and Legal Services:** Access to legal support and consultation with public defenders to help youth understand their rights and navigate their legal circumstances.



| Time              | Monday  |  | Tuesday   |  | Wednesday   |  | Thursday  |  | Friday  |  | Time             | Saturday  |                            | Sunday  |                            |
|-------------------|---|--|---|--|---|--|---|--|---|--|------------------|---|----------------------------|---|----------------------------|
| 6:00am – 8:00am   | Breakfast on Unit/ 1600:<br>A100 (6:15-6:45)<br>B100 (6:50-7:20)<br>C100 (7:25-7:55)  | Wake-up Process/<br>Morning Routine (6-7:30) | Breakfast on Unit/ 1600:<br>C200 (6:15-6:45)<br>A100 (6:50-7:20)<br>B100 (7:25-7:55)  | Wake-up Process/<br>Morning Routine (6-7:30) | Breakfast on Unit/ 1600:<br>B200 (6:15-6:45)<br>C200 (6:50-7:20)<br>A100 (7:25-7:55)  | Wake-up Process/<br>Morning Routine (6-7:30) | Breakfast on Unit/ 1600:<br>A200 (6:15-6:45)<br>B200 (6:50-7:20)<br>C200 (7:25-7:55)  | Wake-up Process/<br>Morning Routine (6-7:30) | Breakfast on Unit/ 1600:<br>D100 (6:15-6:45)<br>A200 (6:50-7:20)<br>B200 (7:25-7:55)  | Wake-up Process/<br>Morning Routine (6-7:30) | 7:00am – 8:00am  | Wake-up Process/ Morning Routine  |                            | Wake-up Process/ Morning Routine<br>Deep Cleaning   |                            |
|                   |   | Rise Circle (7:30-8)                         |   | Rise Circle (7:30-8)                         |   | Rise Circle (7:30-8)                         |   | Rise Circle (7:30-8)                         |   | Rise Circle (7:30-8)                         | 8:00am – 9:00am  | Breakfast   | Medication Process         | Breakfast   | Medication Process         |
| 8:00am – 11:30am  | Medication Process (8-9)  |  | Medication Process (8-9)  |  | Medication Process (8-9)  |  | Medication Process (8-9)  |  | Medication Process (8-9)  |  | 9:00am – 9:30am  | Rise Circle   |                            | Rise Circle   |                            |
|                   | School  |  | School  |  | School  |  | School  |  | School  |  | 9:30am - 10:00am | Staff-Led Group   |                            | Staff-Led Group   |                            |
|                   | School  |  | School  |  | School  |  | School  |  | School  |  | 10:00am          | AM Tour<br>Large Muscle/ Recreation:<br>A100 (10-11am)<br>B200 (11-12pm)<br>C200 (12-1pm) |                            | AM Tour<br>Large Muscle/ Recreation:<br>A100 (10-11am)<br>B100 (11-12pm)<br>C100 (12-1pm) |                            |
| 11:30am – 12:20pm | Lunch   |  | Lunch   |  | Lunch   |  | Lunch   |  | Lunch   |  | 11:00am          | 1 <sup>st</sup> Floor Visitation<br>Religious Services (11am – 1pm)                       |                            | 2 <sup>nd</sup> Floor Visitation<br>Religious Services (11am – 1pm)                       |                            |
| 12:25pm – 2:50pm  | School  |  | School  |  | School  |  | School  |  | School  |  | 11:30am          | Lunch   |                            | Lunch   |                            |
| 3:00pm – 3:30pm   | Shift Exchange & Expectation Circle   |  | Shift Exchange & Expectation Circle   |  | Shift Exchange & Expectation Circle   |  | Shift Exchange & Expectation Circle   |  | Shift Exchange & Expectation Circle   |  | 1:00pm – 3:00pm  | Leisure Time  |                            | Leisure Time  |                            |
| 3:30pm – 4:30pm   | Core Programs or Staff-Led Group  |  | Core Programs or Staff-Led Group  |  | Core Programs or Staff-Led Group  |  | Core Programs or Staff-Led Group  |  | Core Programs or Staff-Led Group  |  | 3:00pm – 3:30pm  | Shift Exchange & Expectation Circle   |                            | Shift Exchange & Expectation Circle   |                            |
| 4:30pm            | Dinner on Unit/ 1600:<br>D100 (4:30-5:00)<br>A200 (5:05-5:35)<br>B200 (5:40-6:10)     |  | Dinner on Unit/ 1600:<br>C100 (4:30-5:00)<br>D100 (5:05-5:35)<br>A200 (5:40-6:10)     |  | Dinner on Unit/ 1600:<br>B100 (4:30-5:00)<br>C100 (5:05-5:35)<br>D100 (5:40-6:10)     |  | Dinner on Unit/ 1600:<br>A100 (4:30-5:00)<br>B100 (5:05-5:35)<br>C100 (5:40-6:10)   |  | Dinner on Unit/ 1600:<br>C200 (4:30-5:00)<br>A100 (5:05-5:35)<br>B100 (5:40-6:10)     |  | 4:00pm           | PM Tour<br>Large Muscle/ Recreation:<br>B100 (4-5am)<br>C100 (5-6pm)<br>D100 (6-7pm)      |                            | PM Tour<br>Large Muscle/ Recreation:<br>C200 (4-5pm)<br>B200 (5-6pm)<br>A200 (6-7pm)      |                            |
|                   | Supplemental Programs or Structured Activities  |  | Supplemental Programs or Structured Activities<br>1 <sup>st</sup> Floor Visitation    |  | Supplemental Programs or Structured Activities  |  | Supplemental Programs or Structured Activities<br>2 <sup>nd</sup> Floor Visitation  |  | Supplemental Programs or Structured Activities  |  | 4:00pm – 4:30pm  | Resident Led-Group or Structured Activity   |                            | Resident Led-Group or Structured Activity   |                            |
| 5:00pm – 7:00pm   | Supplemental Programs or Structured Activities<br>Hygiene- All Units (6:30pm- 7:30pm) |  | Supplemental Programs or Structured Activities<br>Hygiene- All Units (6:30pm- 7:30pm) |  | Supplemental Programs or Structured Activities<br>Hygiene- All Units (6:30pm- 7:30pm) |  | Supplemental Programs or Structured Activities<br>Hygiene- All Units (6:30pm- 7:30pm)   |  | Supplemental Programs or Structured Activities<br>Hygiene- All Units (6:30pm- 7:30pm) |  | 4:30pm           | Dinner  |                            | Dinner  |                            |
| 7:00pm – 8:00pm   | Medication Process  | Reflection Circle (7:30-8)                   | Medication Process  | Reflection Circle (7:30-8)                   | Medication Process  | Reflection Circle (7:30-8)                   | Medication Process  | Reflection Circle (7:30-8)                   | Medication Process  | Reflection Circle (7:30-8)                   | 5:00pm – 7:00pm  | Leisure Time<br>Hygiene- All Units (6:30pm- 7:30pm)                                       |                            | Leisure Time<br>Hygiene- All Units (6:30pm- 7:30pm)                                       |                            |
| 8:00pm            | Snacks  |  | Snacks  |  | Snacks  |  | Snacks  |  | Snacks  |  | 7:00pm – 8:00pm  | Medication Process  | Reflection Circle (7:30-8) | Medication Process  | Reflection Circle (7:30-8) |
| 8:00pm – 9:45pm   | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)<br>Late Night Incentive (Contribute and Contribute Honors Youth – 9:45pm) |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | 8:00pm           | Snacks  |                            | Snacks  |                            |
|                   | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)   |  | 8:00pm – 9:45pm  | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)       |                            | Bedtime (Think – 8:00, Learn – 8:15, Contribute – 8:30, Contribute Honors – 8:45pm)       |                            |

# YSC DAILY SCHEDULE



# YOUTH SERVICES CENTER (YSC) SNAPSHOT

The Youth Services Center (YSC) is a 98-bed secure detention facility that provides 24-hour supervision, care and custody to youth who have been ordered to YSC by a DC Family Court Judge while awaiting adjudication or disposition.

**As of November 15, 2024, at 10:00 AM, there were 98 youth at YSC.**

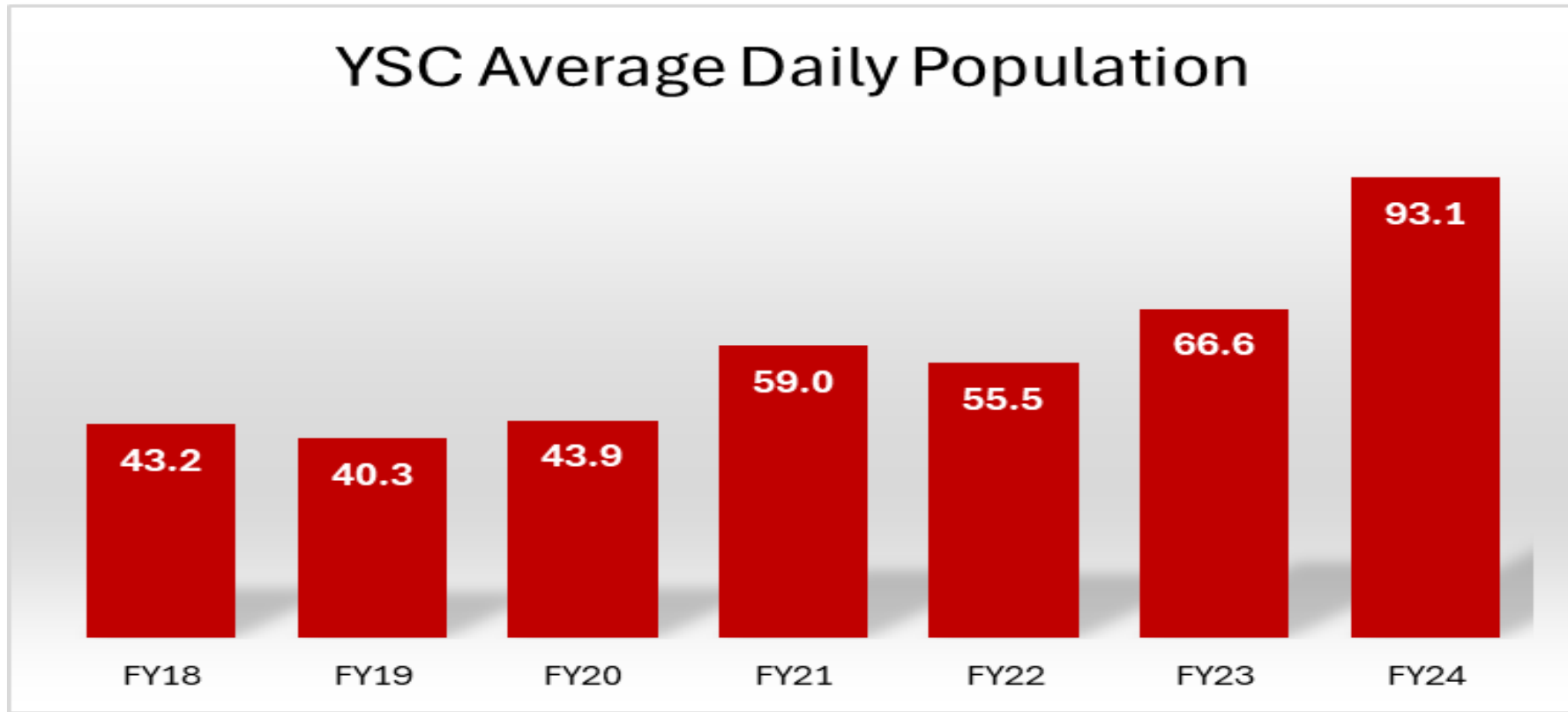
| Status at Entry to YSC   | Number of Youth |
|--------------------------|-----------------|
| Secure Detention         | 46              |
| Overnight                | 7               |
| Commitment               | 26              |
| Title 16-Pretrial        | 18              |
| Interstate Compact (ICJ) | 1               |





# YSC YOUTH AVERAGE DAILY POPULATION

In FY24, YSC's average daily population (ADP) was 93.1.





# YSC YOUTH AVERAGE LENGTH OF STAY

The average length of stay for youth awaiting placement in October 2024 was 61 days for the 17 youth placed.

In FY24, the average length of stay for Pre-trial Title 16 youth was 376 days.

## FY24 Pre-trial Title 16 Admissions

**27**

**Gender:** 1 female and 26 males

## FY24 Pre-trial Title 16 Youth Released

**10**

**ALOS:** 376 days



# YSC CRITICAL INCIDENTS



**Data Source:** Office of Independent Juvenile Justice Facility Oversight (OIJJFO)



# NBYDC REHABILITATIVE PROGRAMMING

All youth at NBYDC have access to ongoing assessment and intensive treatment services including coordination of continuity of care upon discharge.

## Intensive Treatment Services at NBYDC

- Screening and Assessment
- Substance Use Psychoeducational/Treatment Groups
- Psychoeducational Groups
- Clinical Groups
- Restorative Justice Interventions
- Family support sessions/circles
- Milieu engagement
- Medication assessment and management (Provided onsite by contract psychiatrists)
- Individual substance use treatment
- Wellness activities
- Sexual offender relapse treatment/Sexually problematic behavior treatment
- Animal assisted therapy and support
- Individual therapy
- Crisis Intervention



# NBYDC REHABILITATIVE PROGRAMMING

All youth at NBYDC have access to ongoing assessment and intensive treatment services including coordination of continuity of care upon discharge.

## Intensive Treatment Services at NBYDC: Types of Group Programming

- **Restorative Justice READY:** This module offers an overview of Restorative Justice principles and practices. Residents are encouraged to reflect upon harm experienced in communities, advocacy, healing, as well as methods of effective conflict resolution.
- **Washington Aggression Interruption Training (WAIT):** This group provides information and practice for healthy anger management, social skills, and moral reasoning. Participants will develop important skills to make better decisions, cope with negative feelings, resolve conflict, and communicate with others. The WAIT group meets three times a week for 10 weeks with Certificates of Participation awarded to participants who complete the course.
- **Power Source:** Widely used module focused upon the social-emotional development of adolescents. The sessions are intended to increase youth self-awareness, improve individual capacity for self-control, and to promote a sense of hope and purpose. Topics covered include emotional literacy, anger management, self-regulation, and trauma.



# NBYDC REHABILITATIVE PROGRAMMING

All youth at NBYDC have access to ongoing assessment and intensive treatment services including coordination of continuity of care upon discharge.

## Intensive Treatment Services at NBYDC: Types of Group Programming

- **Trauma and Grief Component Therapy for Adolescents (TGTCa):** This module addresses the needs of adolescents facing trauma, bereavement, and accompanying developmental disruption. Sessions focus upon specialized therapeutic exercises to reduce distress and promote adaptive developmental progression.
- **Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS):** This group focuses on developing resilience, particularly for individuals who have faced repeated stress and difficult experiences. Participants will have the opportunity to learn how chronic stress affects our minds and bodies. Group sessions encourage members to practice skills to cope with sadness, frustration, anxiety, and anger.
- **Safety First:** This harm-reduction based group focuses on learning critical thinking, decision-making, and goal-oriented skills that will support making healthy choices about substance use. Participants will learn how to develop personal and social strategies to manage the risks, benefits, and harms of alcohol and other drug use. Group sessions will also provide participants with an understanding of the impact of drug policies on personal and community health.



# NBYDC REHABILITATIVE PROGRAMMING

All youth at NBYDC have access to ongoing assessment and intensive treatment services including coordination of continuity of care upon discharge.

## Intensive Treatment Services at NBYDC: Types of Group Programming

- **Restorative Justice Community Building Circle:** Weekly circle or individual sessions held on the unit to review individual success plans, to reflect upon progress, and to identify specific outcomes for each week to work toward top three YLS/PYJ goals outlined by Care Coordination.
- **Morning RISE Circle:** Daily circles held in the morning by RJ trained YDR staff to review personal goals according to the success plan and to establish expectations for the day.
- **Evening REFLECTION Circles:** Daily circles held in the evening by RJ trained YDR staff to reflect upon the day, assess personal progress, and evaluate daily enactment of program values (accountability, empathy, temperance, and resilience).



# NBYDC YOUTH SERVICES AND SUPPORTS

All youth at NBYDC have access to a range of non-behavioral and mental health programs and services that include education, workforce development, health services, and recreational activities.

## Non-Behavioral and Mental Health Services at NBYDC

- **Medical Services:** Comprehensive medical assessments and ongoing healthcare support to address physical health needs, including routine check-ups, vaccinations, and emergency care.
- **Dental Services:** Preventative dental care, routine cleanings, and treatments for dental issues to ensure youth maintain good oral hygiene and health.
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## Non-Behavioral and Mental Health Services at NBYDC

- **Credible Messenger Initiative:** Community-based mentors with similar life experiences provide guidance, support, and positive role modeling, offering insight and encouragement for youth.
- **Case Management and Reentry Planning:** Case managers work with youth to create individualized reentry plans, including setting goals, arranging transitional support, and connecting youth with external resources to prepare for successful reintegration.
- **Public Defender and Legal Services:** Access to legal support and consultation with public defenders to help youth understand their rights and navigate their legal circumstances.



# COMMITTED YOUTH SNAPSHOT

As of November 15, 2024, at 10:00 AM, the number of committed youth was 177.

| Committed Youth Placements  | Number of Youth |
|---|-----------------|
| Community based placement (Group Homes, Foster Care, Home Placement, Transitional living, Job development and Military Academy, Hospital) | 60              |
| NBYDC   | 42              |
| RTC/PRTF  | 19              |
| Non-DYRS Secure Facilities (Jail or Correctional Institution)   | 19              |



# NEW BEGINNINGS YOUTH DEVELOPMENT CENTER (NBYDC)

The New Beginnings Youth Development Center (NBYDC) is a secure 60-bed residential facility for DYRS-committed youth.

In FY24, the average daily population (ADP) at New Beginnings was 52. The average length of stay (ALOS) was 217 days.

| NBYDC     |          |
|-----------|----------|
| Capacity  | 60       |
| FY24 ADP  | 52       |
| FY24 ALOS | 217 days |



# NBYDC DAILY SCHEDULE

| Time              | Sunday   | Monday  | Tuesday                 | Wednesday               | Thursday                | Friday   | Saturday   |
|-------------------|--|---|-------------------------|-------------------------|-------------------------|--|--|
| 6 AM – 7 AM       |  | Hygiene   | Hygiene                 | Hygiene                 | Hygiene                 | Hygiene  |  |
| 7 AM – 9 AM       | Morning Medication Process   |   |                         |                         |                         |  |  |
| 7 AM – 8 AM       |  | Rise Circles + Culinary   | Rise Circles + Culinary | Rise Circles + Culinary | Rise Circles + Culinary | Rise Circles + Culinary                          |  |
| 8 AM – 9 AM       | Breakfast on the Unit  | School  | School                  | School                  | School                  | School   | Breakfast on the Unit                            |
| 9 AM – 10 AM      | Cleaning/Searches Rise Circles                                     | School  | School                  | School                  | School                  | School   | Cleaning/Searches Rise Circles                   |
| 10 AM – 11 AM     | Sunday Inspiration Expectations/TV                                 | School  | School                  | School                  | School                  | School   | Gym/PYJ Life Skills Cleaning                     |
| 11 AM – 12 PM     | Lunch + PREA Group   | School  | School                  | School                  | School                  | Culinary   | Lunch  |
| 12 PM – 1 PM      | Real Talk Book Club Wellness                                       | School  | School                  | School                  | School                  | Reflection Circles Religious Services Recreation | Visitation / Life Skills / Wellness / Recreation |
| 1 PM – 2 PM       | Gym/Recreation/PYJ Life Skills                                     | School  | School                  | School                  | School                  |  |  |
| 2 PM – 2:30 PM    | Hygiene / Recreation / PYJ Life Skills                             | School  | School                  | School                  | School                  | Real Talk Book Club / Recreation / Circles       |  |
| 2:30 PM – 3:30 PM | Shift Change / Individual Reflection                               |   |                         |                         |                         |  |  |
| 3:15 PM – 4 PM    | Room Searches / Expectation Circles                                |   |                         |                         |                         |  |  |
| 4 PM – 5 PM       | Book Club / Recreation / Hygiene / Chess Club                      | Core Group / Life Skills / Current Events   |                         |                         |                         |  | Book Club / Recreation / Hygiene / Chess Club    |
| 5 PM – 6 PM       | Dinner   |   |                         |                         |                         |  |  |
| 6 PM – 8 PM       | Vocational Programs  |   |                         |                         |                         |  |  |
| 6 PM – 7 PM       | Recreation / Real Talk / Book Club / Community Building Activities |   |                         |                         |                         |  |  |
| 7 PM – 9 PM       | Evening Medication Process   |   |                         |                         |                         |  |  |
| 7 PM – 8 PM       | Personal Time / Privileges   | Recreation / Real Talk / Book Club / Community Building Activities / Wind Down Activity |                         |                         |                         |  | Personal Time / Privileges                       |
| 8 PM – 8:20 PM    | Reflection Circles on the Units                                    |   |                         |                         |                         |  |  |
| 8:20 PM – 9 PM    | Hygiene / Personal Time / Privileges                               |   |                         |                         |                         |  |  |



# NBYDC CRITICAL INCIDENTS

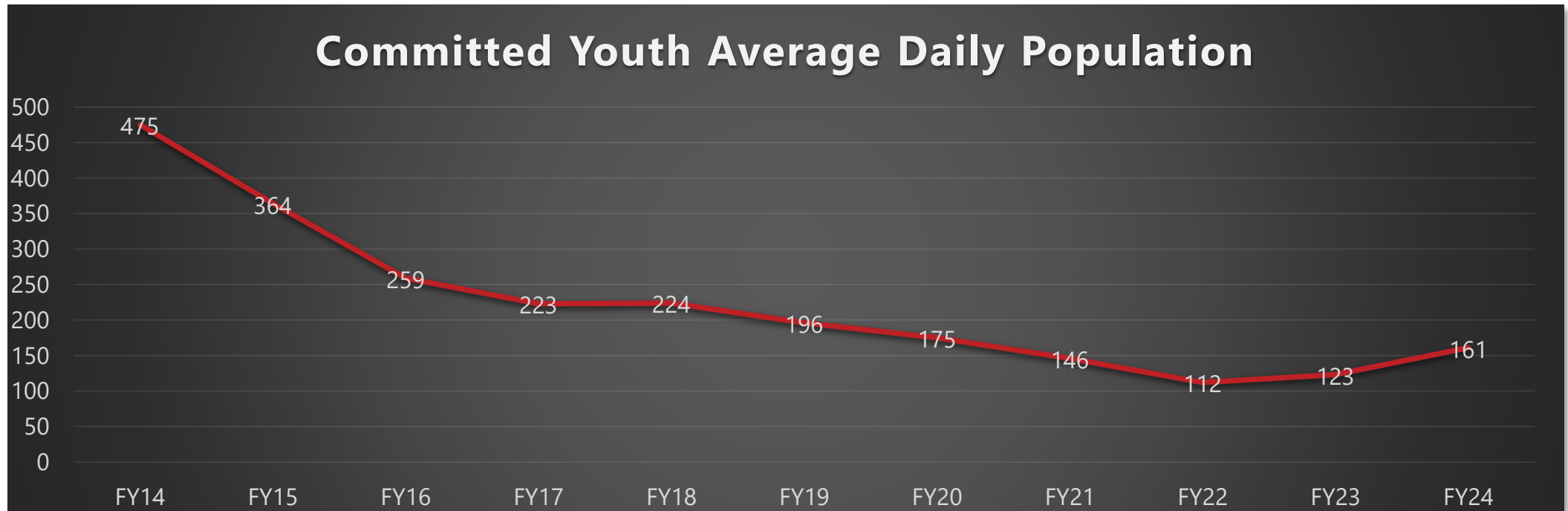


**Data Source:** Office of Independent Juvenile Justice Facility Oversight (OIJJFO)



# COMMITTED YOUTH AVERAGE DAILY POPULATION

For FY24, the committed youth Average Daily Population was 161.

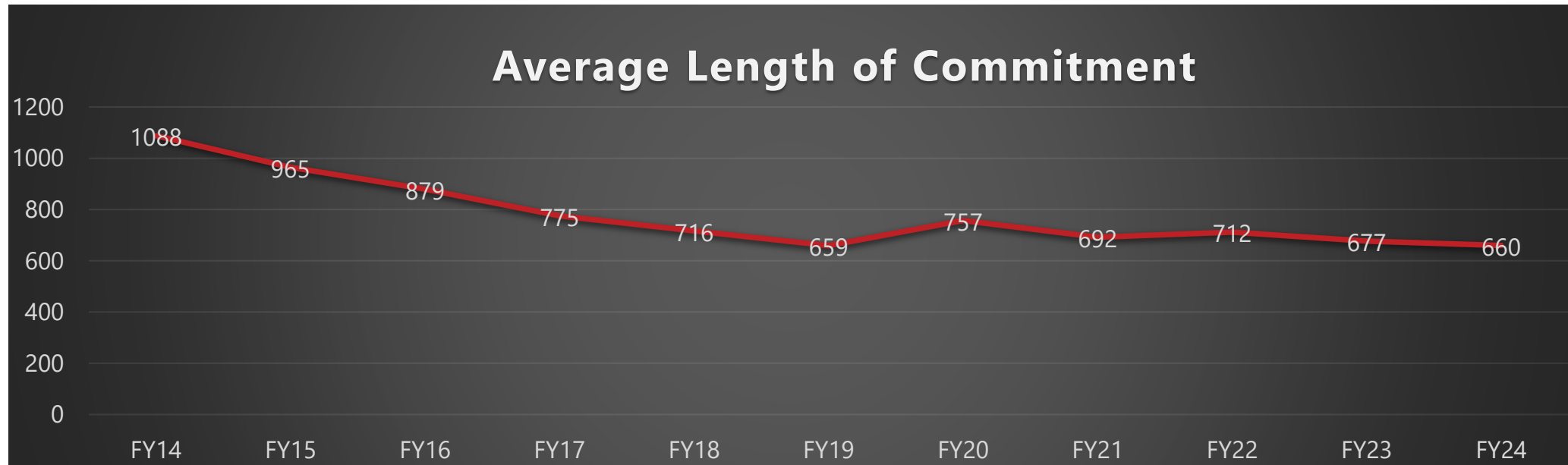




# AVERAGE LENGTH OF COMMITMENT

**The average length of commitment for youth whose commitment expired during FY24 is 660 days.**

*The chart below shows the average length of commitment for committed youth released in the fiscal year indicated.*







# COMMITTED YOUTH AVERAGE LENGTH OF STAY

The table below displays the average length of stay for committed youth placed at New Beginnings Youth Development Center (NBYDC) and at a Residential Treatment Center (RTC)/Psychiatric Residential Treatment Facility (PRTF) for FY24.

*Only committed youth who have a release date within the fiscal year are included.*

| Committed Youth Average Length of Stay |          |
|--|----------|
| NBYDC                                  | 217 days |
| RTC/PRTF                               | 174 days |



# DYRS COMMUNITY-BASED SERVICES AND SUPPORTS



# COMMUNITY-BASED BEHAVIORAL HEALTH SERVICES

The community-based Health & Restoration Team provides mental health support for families and for DYRS youth who have recently transitioned out of placement and youth in the community.

## Health & Restoration Team Services

- Supportive counseling and behavioral health service coordination for youth
- Clinical outreach to sustain relationships with external providers to ensure continuity of care
- Psychoeducational groups (i.e., anger management, mindfulness, social-emotional skills building)
- Linkage to Core Service Agencies and community providers for:
  - Individual Counseling
  - Medication Management
  - Substance Abuse Assessment & Treatment
  - Functional Family Therapy (FFT)
  - Multisystemic Therapy (MST)
  - Community-Based Intervention (CBI)
  - Community Service Worker Services (CSW)





# ACADEMICS CAREER AND POST-COMMITTED SERVICES

The Academics, Career & Post-Committed Services Unit promotes community growth and assists with employment opportunities by providing employment placement and job exploration opportunities and academic support services for DYRS youth in the community up to age 24.



VOCATIONAL OPPORTUNITIES  
LEARNING AND TRAINING



VOLT Academy (Vocational Opportunities, Learning, and Training) provides youth with skills, work experience, on-the-job training, and industry-recognized certification for successful employment.

VOLT Academy is a 7-week intensive training program in a real-world work environment. Employers and vendors train participants in classroom and hands-on settings to equip students with the tools to receive their certification.

The Academy provides concrete career opportunities for DYRS youth and all DC residents aged 18 or older.



# ACHEIVEMENT CENTERS

**The Achievement Centers serve DYRS youth and community youth by offering a diversity of programming, services, and supports at two DC locations.**

- Academic Supports
- Work Readiness & Job Placement
- Vocational Skills Training
- Cultural Arts Programs
- Basic Need Resources (food & clothing)
- Housing Stability Supports (only offered to committed youth)
- Health, Wellness & Fitness Coaching
- Mental Health Support & Psychoeducational Groups
- Structured Outings, Activities & Events
- Social Skills Development
- Family Support & Engagement Groups
- Apprenticeships & Internships
- Entrepreneurship Training
- Life Skills Training
- Restorative Justice
- Community Service
- Community Resources





# CREDIBLE MESSENGER INITIATIVE (CMI)

Credible messengers are neighborhood leaders, experienced youth advocates, and individuals with relevant life experiences who help youth transform attitudes and behaviors around violence.

The guiding principles of the Credible Messenger Initiative are to:



- **Promote** family and community engagement
- **Engage** Parent Peer Coaches, who help other families navigate the justice system based on their own involvement and family experiences
- **Connect** young people to caring adults in their home communities
- **Provide** healthy family/community placement
- **Enhance** the agency's role in city-wide violence prevention efforts
- **Improve** services to youth in the community
- **Connect** youth to resources and relationships to ensure their success
- **Create** job opportunities as credible messengers for DC residents that build on the strengths of natural community leaders



# OASIS: PROGRAM OVERVIEW

**DYRS is taking a proactive approach to violence prevention among young people with the DC Youth Leadership Oasis program. This program provides support and services to young people ages 10 to 17, at high risk of delinquency in collaboration with local organizations and schools.**

## Oasis Youth Leadership Program



DC YOUTH LEADERSHIP  
**OASIS**

The program consists of 16 weeks of intensive programming, with 10 youth per cohort and new cohorts beginning monthly. Youth and families will receive ongoing support and services, including mentorship and community connections.

The program takes place in community centers, with weekly sessions focusing on developing resilience and coping skills. Participants will also engage in a four-day outdoor education program, with siblings and guardians invited to join in the last days of programming.

This initiative is a positive step towards addressing violence prevention among young people and providing them with the necessary tools to thrive.



# OASIS: PROGRAM CAMPUS

The Oasis campus includes spaces for overnight programming for youth and families, an outdoor kitchen, an animal reserve, and activities such as a ropes course and river rafting.







# OASIS: PROGRAM IMPACT

In the first 16 months of the program, the Oasis team served over 150 DC youth and their families. 15 cohorts completed programming and continue engaging with their mentors by attending community service events and family outings.

- DCPS staff have witnessed the **progress of their students** participating in the program and have requested more cohorts to be recruited from their student body.
- Parents and guardians report **increases in trust** between them and their child, as well as observing **improved conflict resolution skills** and an more time spent with **positive peers**.
- In addition to the 150 youth who have been enrolled in the Oasis Youth Leadership program, the Oasis team has **served over 5,446 youth and residents** of the District.





# QUESTIONS & DISCUSSION